



THE Lux Nurse INJECTOR

PROFILE Balancing



HORMONAL BALANCE. LASTING WELLBEING.

Because you deserve to feel like you again.

WHAT IS PROFILE BALANCING?



Profile Balancing is a comprehensive blood testing and consultation service designed to uncover hormonal imbalances and nutritional deficiencies that may be affecting your health, energy, mood, skin, weight, sleep and overall wellbeing.

Knowledge is power. Balance is everything.

SIGNS YOUR HORMONES MAY BE OUT OF BALANCE

- Irregular periods
- Mood swings or anxiety
- Fatigue & low energy
- Bloating & water retention
- Acne or skin flare-ups
- Poor sleep
- Weight gain or difficulty losing
- Low libido
- Hair thinning or loss
- Sugar cravings



THE BENEFITS OF HORMONAL BALANCE



IMPROVED WELLBEING

Feel more like yourself again mentally, emotionally and physically.



HEALTHIER SKIN & HAIR

Support clearer skin, stronger hair and a natural glow from within.



BETTER SLEEP

Regulate hormones that impact your sleep cycle and restful recovery.



INCREASED ENERGY

Support your body's natural energy production and reduce fatigue.



WEIGHT BALANCE

Balance key hormones that influence metabolism, hunger and fat storage.



ENHANCED MOOD

Support emotional stability, reduce stress and feel more in control.

KEY AREAS WE CAN SUPPORT



FEMALE HORMONAL HEALTH

Cycle irregularities, PMS, PCOS, perimenopause, menopause, low libido and more.



THYROID FUNCTION

Identify underactive or overactive thyroid issues that may be affecting your health.



ADRENAL HEALTH

Assess stress levels and adrenal fatigue which can impact your energy and mood.



GUT HEALTH

Discover imbalances that may be affecting digestion, bloating, inflammation and immunity.



NUTRITIONAL DEFICIENCIES

Identify key vitamin and mineral deficiencies impacting your overall health.

OUR APPROACH



1. ADVANCED TESTING

Comprehensive blood testing to identify imbalances and deficiencies.



2. PERSONALISED RESULTS

In-depth analysis of your results and what they mean for your health.



3. TAILORED PLAN

A bespoke plan including lifestyle, nutrition and supplement recommendations.



4. ONGOING SUPPORT

Continued support to help you rebalance and thrive long-term.

Balance is not something you find, it's something you create.



INVEST IN YOU.

When your hormones are in harmony, everything changes.

More energy. Better mood. Clear skin. Deeper sleep. A life you love.

