



Chemical Peel Aftercare

Luxury Skin Recovery Guidance

Thank you for choosing The Lux Nurse Injector. Following your chemical peel treatment, proper aftercare is essential to achieve beautiful, radiant results while protecting your skin during healing.

- Your skin may feel tight, warm, sensitive, or appear slightly pink for the first 24–72 hours. This is a normal part of the renewal process.
- Avoid touching, picking, peeling, or exfoliating the skin. Allow any flaking to shed naturally to prevent irritation or pigmentation.
- Keep your skin hydrated using only the recommended gentle moisturiser provided or advised by your practitioner.
- Avoid active skincare ingredients for at least 5–7 days, including retinol, AHAs, BHAs, vitamin C, benzoyl peroxide, or exfoliating scrubs.
- Avoid direct sun exposure, tanning beds, saunas, steam rooms, swimming pools, and excessive heat for 7 days post-treatment.
- Apply a broad-spectrum SPF 50 daily, even on cloudy days, and reapply regularly when outdoors.
- Avoid makeup for the first 24 hours unless otherwise advised.

- Drink plenty of water and maintain a healthy skincare routine to support optimal healing and results.
- If you experience excessive swelling, blistering, severe discomfort, or signs of infection, please contact your practitioner immediately.

With care, your skin will reveal a smoother, brighter, and more luminous complexion.

The Lux Nurse Injector