



THE
Lux Nurse
INJECTOR

CARE TODAY,
GLOW
TOMORROW,
LOVE YOUR
SKIN ALWAYS.

DERMAPLANING

Aftercare Guide

SMOOTH SKIN. RADIANT YOU.

Following the right aftercare will help protect your skin, enhance your results and keep your glow going.

WHAT TO EXPECT



Immediately after your treatment, your skin may feel slightly sensitive and appear a little pink.



Redness typically subsides within a few hours.



Your skin will feel incredibly smooth, soft and look more radiant.



Makeup will go on flawlessly and your skincare will absorb better.



Results are instant with no downtime – just beautiful, glowing skin!

YOUR AFTERCARE INSTRUCTIONS



KEEP IT CLEAN

For the first 24 hours, use a gentle cleanser and lukewarm water. Avoid hot water and harsh scrubbing.



PROTECT YOUR SKIN

SPF is your best friend! Apply a broad spectrum SPF 30 (or higher) daily, even on cloudy days.



KEEP IT SIMPLE

For the first 24–48 hours, stick to gentle, hydrating skincare. Avoid active ingredients like retinol, AHAs, BHAs and Vitamin C.



AVOID MAKEUP

Avoid applying makeup for at least 24 hours to allow your skin to breathe and recover.



SKIP THE SWEAT

Avoid intense exercise, saunas, steam rooms and anything that may cause excessive sweating for 24–48 hours.



BE GENTLE

Avoid touching your face, picking or using exfoliating tools for at least 48 hours.

HELPFUL TIPS

- ♥ Hydrate from within – drink plenty of water.
- ♥ Use a clean pillowcase and keep your phone screen clean.
- ♥ Sleep on your back to avoid friction.
- ♥ Less is more – let your skin enjoy its refresh!

WHEN TO CONTACT US

While side effects are rare, contact us if you experience:

- ♥ Persistent redness beyond 48 hours
- ♥ Irritation or sensitivity that worsens
- ♥ Breakouts or unusual reactions
- ♥ Any concerns at all



We're here for you!

HOW OFTEN SHOULD YOU DERMAPLANE?

For best results, dermaplaning is recommended every 4–6 weeks. This helps maintain smooth skin, promotes cell turnover and enhances your natural glow.



IMPORTANT TO REMEMBER



- ♥ Your skin has been freshly exfoliated and is more susceptible to sun damage – never skip SPF.
- ♥ Results last about 3–4 weeks, depending on your skin and lifestyle.
- ♥ Consistent aftercare = long lasting results.

*Healthy care.
Beautiful results.
Confident you.*

Thank you for trusting The Lux Nurse Injector

BEAUTY • CONFIDENCE • GLOW

You deserve to feel amazing in your own skin.