



# BOTOX® INFORMATION BOOKLET

*At The Lux Nurse Injector, we believe in enhancing your natural beauty with subtle, sophisticated treatments that help you look and feel your best. This guide will help you understand our Botox® treatments and what to expect.*

## WHAT IS BOTOX®?

Botox® is a purified protein that temporarily relaxes the muscles responsible for expression lines and wrinkles. It smooths the skin, helping to prevent deeper lines from forming and creating a more refreshed, youthful appearance.

## HOW DOES IT WORK?

Botox® works by blocking the nerve signals to the muscles, preventing them from contracting. This relaxing effect softens existing lines and helps to prevent new ones from developing. The result is smoother, refreshed, natural-looking skin.

## TREATMENTS WE OFFER



**NEFERTITI NECK LIFT**  
Softens and tightens the neck by relaxing the platysmal bands, creating a smoother, lifted contour along the jawline and neck.



**EYEBROW LIFT**  
Subtly lifts the brows by relaxing the muscles that pull them down, opening up the eye area for a more youthful, refreshed appearance.



**LIP FLIP**  
Relaxing the upper lip muscle allows the lip to gently roll outward, creating the illusion of a fuller, more defined lip without adding volume.



**MARIONETTE LINES**  
Softens the lines that run from the corners of the mouth down to the chin, reducing a tired or sad appearance.



**DOWNTURNED SMILE**  
Relaxes the muscles that pull the corners of the mouth downward, restoring a softer, more upturned smile.



**SMASTOX**  
A tailored approach using Botox® to slim and contour the lower face and jawline, reducing bulk in the jaw muscles for a more defined, feminine look.

## COMMON RISKS / SIDE EFFECTS

- Mild redness, swelling or bruising at injection sites
- Headache
- Temporary tenderness
- Rare: drooping eyelid, asymmetry or uneven results

*These side effects are usually mild and resolve within a few days. Our experienced injector will ensure your treatment is safe, personalised and performed with the highest care.*

## LENGTH OF EFFICACY

Results typically last 3 to 4 months, depending on the area treated, your metabolism and individual response.



## FREQUENCY OF TREATMENT

Every 3 to 4 months is recommended to maintain optimal results and prevent the return of dynamic lines.

## PRE-TREATMENT CARE

- Avoid alcohol, aspirin, ibuprofen and fish oil 24–48 hours before treatment.
- Arrive with a clean face, free from makeup and skincare.
- Inform your injector of any medications or medical conditions.
- Stay hydrated and get plenty of rest.

## POST-TREATMENT CARE

- Avoid touching or massaging the treated area for 24 hours.
- Avoid strenuous exercise, saunas and excessive heat for 24 hours.
- Stay upright for at least 4 hours after treatment.
- Avoid alcohol for 24 hours.
- Makeup can be applied after 4–6 hours if needed.

*Our goal is to help you feel confident, radiant and beautifully you. Thank you for trusting The Lux Nurse Injector with your care.*

THE LUX NURSE INJECTOR  
ENHANCING BEAUTY. ELEVATING CONFIDENCE.