



MICRONEEDLING

Reveal your most radiant skin ♥

Microneedling is a collagen-boosting treatment that helps rejuvenate your skin naturally. It improves texture, tone and overall skin health, leaving you with a smooth, glowing complexion.

HOW DOES IT WORK?



Microneedling uses tiny, sterile needles to create controlled micro-channels in the skin.

- ♥ Stimulates natural collagen and elastin production
- ♥ Enhances skin cell turnover
- ♥ Improves absorption of active serums
- ♥ Helps repair and renew the skin from within

WHAT TO EXPECT

- ♥ Numbing cream applied for comfort
- ⌚ Treatment takes 30–60 minutes
- ✨ Mild redness and a "sunburn" feel
- 📅 Skin may feel tight for 24–48 hours
- ♥ Noticeable glow in a few days, with continued improvement over weeks

AREAS THAT CAN BE TREATED

- ♥ Face
- ♥ Neck
- ♥ Décolletage
- ♥ Hands
- ♥ Scalp (for hair thinning)
- ♥ Acne scarring areas



SERUMS THAT WORK WONDERS

We customise your treatment with medical-grade serums to target your unique skin goals.



HYALURONIC ACID

Deeply hydrates and plumps the skin for a smoother, more radiant complexion.



VITAMIN C

Brightens, protects and supports collagen production for a more even skin tone.



PEPTIDES

Boosts collagen and elastin production to improve firmness and elasticity.



GROWTH FACTORS

Enhances skin healing, repairs damage and improves overall skin quality.



EXOSOMES

Supports cell regeneration and accelerates recovery for next-level skin renewal.

COMMON SIDE EFFECTS

- ♥ Redness (like sunburn)
- ♥ Mild swelling
- ♥ Tightness or dryness
- ♥ Minor pinpoint bleeding (during treatment)

These effects are normal and temporary.

POTENTIAL RISKS

Microneedling is safe when performed by a trained professional. Rare risks include:

- ♥ Infection
- ♥ Hyperpigmentation
- ♥ Prolonged redness
- ♥ Scarring (very rare)

A thorough consultation minimises all risks.

DOWNTIME

Minimal downtime!

Expect 1–3 days of redness and sensitivity.

You can usually return to normal activities within 24–48 hours.



PRE-CARE

- ♥ Avoid retinol, acids & exfoliants 3–5 days prior
- ♥ Avoid sun exposure & tanning
- ♥ Stay hydrated
- ♥ Arrive with clean, makeup-free skin

POST-CARE

- ♥ Keep skin clean & hydrated
- ♥ Use gentle, nourishing products
- ♥ Avoid harsh actives for 5–7 days
- ♥ No makeup for 24 hours
- ♥ Always wear SPF 30+ daily
- ♥ Avoid sun, heat, saunas & exercise for 24–48 hours

Your skin is as unique as you are.

Ask your nurse for a bespoke treatment plan tailored to your skin, goals and budget.

Let's create your glow together.



WHY CHOOSE US?

- ♥ Nurse-led care
- ♥ Medical-grade products
- ♥ Bespoke, results-driven treatments
- ♥ Your safety, comfort & confidence are our priority